Daily Brain Dump

FREE PLANNER TEMPLATES

EMPTY YOUR HEAD · PICK 3 · TIME BLOCKS · WIN LIST

BRAIN DUMP — GET IT ALL OUT, NO ORDER NEEDED

PICK 3 — ONLY THREE THINGS CAN MATTER TODAY

1.

2.

3.

TIME BLOCKS

- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

DONE LIST — PROOF YOU DID THINGS

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